

Career: Nutritionist



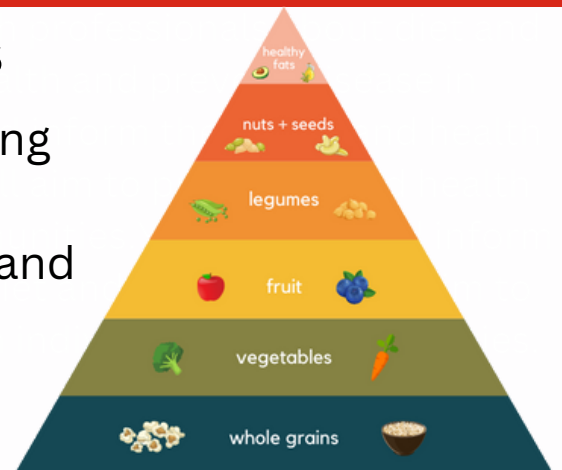
Nutritionists use their knowledge about food to help people make healthy eating choices and stay well.

A Nutritionist...

- helps people choose healthy foods.
- teaches how food keeps our bodies strong.
- makes meal plans to keep people healthy.

Key Skills

- Good communication and listening skills.
- Understanding of healthy foods and nutrition.
- Caring and helpful attitude.



Where do Nutritionists work?

- Hospitals and health clinics
- Schools and community centres
- Food companies and research labs

School subjects:

School subjects that would be useful for Nutritionist would include: Science, Maths and Food Technology.

